



April/May 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>4/29 Choose One</u> French Toast Sticks (57g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<u>4/30 Choose One</u> Turkey Ham/Egg/Cheese Croissant (29g) Peanut Butter & Jelly Graham (30g)	<u>5/1 Choose One</u> Turkey Sausage, Egg, & Cheese Pancake Sandwich (32g) Apple Blueberry Chip Bar (48g)	<u>5/2 Choose One</u> Apple (36g) or Cherry (37g) Frudel Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<u>5/3 Choose One</u> Grape-Filled Crescent Roll (35g) Peanut Butter & Jelly Graham (30g)
<u>5/6 Choose One</u> Cinnabar (45g) Peanut Butter & Jelly Graham (30g)	<u>5/7 Choose One</u> Egg & Cheese Croissant (28g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<u>5/8 Choose One</u> Turkey Sausage & Cheese on Biscuit (27g) Apple Blueberry Chip Bar (48g)	<u>5/9 Choose One</u> Yogurt Parfait (63-78g) Peanut Butter & Jelly Graham (30g)	<u>5/10 Choose One</u> Assorted Pancakes (36-40g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)
<u>5/13 Choose One</u> French Toast Sticks (57g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<u>5/14 Choose One</u> Turkey Ham/Egg/Cheese Croissant (29g) Peanut Butter & Jelly Graham (30g)	<u>5/15 Choose One</u> Turkey Sausage, Egg, & Cheese Pancake Sandwich (32g) Apple Blueberry Chip Bar (48g)	<u>5/16 Choose One</u> Apple (36g) or Cherry (37g) Frudel Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<u>5/17 Choose One</u> Grape-Filled Crescent Roll (35g) Peanut Butter & Jelly Graham (30g)
<u>5/20 Choose One</u> Cinnabar (45g) Peanut Butter & Jelly Graham (30g)	<u>5/21 Choose One</u> Egg & Cheese Croissant (28g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)	<u>5/22 Choose One</u> Turkey Sausage & Cheese on Biscuit (27g) Apple Blueberry Chip Bar (48g)	<u>5/23 Choose One</u> Yogurt Parfait (63-78g) Peanut Butter & Jelly Graham (30g)	<u>5/24 Choose One</u> Assorted Pancakes (36-40g) Assorted Bagel (29-35g)/Cream Cheese (2g) or Peanut Butter (6g)
NO PORK PRODUCTS OFFERED. NUTRIENT AND INGREDIENT CONTENT AVAILABLE UPON REQUEST.	This institution is an equal opportunity provider. Menu is subject to change. Rev 4/2/2019	A variety of fresh fruits, choice of 1% low fat white milk (13g), skim chocolate milk (24g), Dragon punch (fruit & vegetable juice 13g), orange juice (14g), and apple juice (14g), are offered daily with breakfast. CHOOSE ONE MAIN ENTRÉE OR CHOOSE TWO OF THE FOLLOWING AT BREAKFAST: Assorted Cereals (20-27g) Cheese Stick (1g) Cinnamon Roll (20g) Graham Cracker (19g) Hard Boiled Egg (1g) Muffins (26-28g) Honey Roasted Sunflower Seeds (11g) Yogurt (14-16g)		

