

April/May 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
4/29 Choose One	4/30 Choose One	5/1 Choose One	5/2 Choose One	5/3 Choose One	
French Toast Sticks	Turkey	Turkey Sausage,	Apple (36g) or	Grape-Filled	
(57g)	Ham/Egg/Cheese	Egg, & Cheese	Cherry (37g) Frudel	Crescent Roll (35g)	
Assorted Bagel (29-	Croissant (29g)	Pancake Sandwich	Assorted Bagel (29-	Peanut Butter &	
35g)/Cream Cheese	Peanut Butter & Jelly	(32g)	35g)/Cream Cheese	Jelly Graham (30g)	
(2g) or Peanut	Graham (30g)	Apple Blueberry	(2g) or Peanut		
Butter (6g)		Chip Bar (48g)	Butter (6g)		
5/6 Choose One	5/7 Choose One	5/8 Choose One	5/9 Choose One	5/10 Choose One	
Cinnabar (45g)	Egg & Cheese	Turkey Sausage &	Yogurt Parfait (63-	Assorted Pancakes	
Peanut Butter &	Croissant (28g)	Cheese on Biscuit	78g)	(36-40g)	
Jelly Graham (30g)	Assorted Bagel (29-	(27g)	Peanut Butter &	Assorted Bagel (29-	
	35g)/Cream Cheese	Apple Blueberry	Jelly Graham (30g)	35g)/Cream Cheese	
	(2g) or Peanut Butter	Chip Bar (48g)		(2g) or Peanut	
	(6g)			Butter (6g)	
5/13 Choose One	5/14 Choose One	5/15 Choose One	5/16 Choose One	5/17 Choose One	
French Toast Sticks	Turkey	Turkey Sausage,	Apple (36g) or	Grape-Filled	
(57g)	Ham/Egg/Cheese	Egg, & Cheese	Cherry (37g) Frudel	Crescent Roll (35g)	
Assorted Bagel (29-	Croissant (29g)	Pancake Sandwich	Assorted Bagel (29-	Peanut Butter &	
35g)/Cream Cheese	Peanut Butter & Jelly	(32g)	35g)/Cream Cheese	Jelly Graham (30g)	
(2g) or Peanut	Graham (30g)	Apple Blueberry	(2g) or Peanut	Jeny Granam (30g)	
Butter (6g)	Granam (308)	Chip Bar (48g)	Butter (6g)		
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5/20 Choose One	5/21 Choose One	5/22 Choose One	5/23 Choose One	5/24 Choose One	
Cinnabar (45g)	Egg & Cheese	Turkey Sausage &	Yogurt Parfait (63-	Assorted Pancakes	
Peanut Butter &	Croissant (28g)	Cheese on Biscuit	78g)	(36-40g)	
Jelly Graham (30g)	Assorted Bagel (29-	(27g)	Peanut Butter &	Assorted Bagel (29-	
	35g)/Cream Cheese	Apple Blueberry	Jelly Graham (30g)	35g)/Cream Cheese	
	(2g) or Peanut Butter	Chip Bar (48g)		(2g) or Peanut	
NO DODY	(6g)	A	f:ta abaiaa af 10/ la	Butter (6g)	
NO PORK	This is attacked to a	A variety of fresh fruits, choice of 1% low fat white milk (13g),			
PRODUCTS	This institution is an	skim chocolate milk (24g), Dragon punch (fruit & vegetable juice 13g), orange juice (14g), and apple juice (14g), are offered daily			
OFFERED.	equal opportunity		4g), and apple juice (1	.4g), are offered daily	
NI ITDIENIT AND	provider.	with breakfast.			
NUTRIENT AND INGREDIENT	Menu is subject to	CHOOSE ONE V	AVINI ENITDÉE UD CHUU	SE TWO OF THE	
CONTENT	change.	CHOOSE ONE MAIN ENTRÉE OR CHOOSE TWO OF THE FOLLOWING AT BREAKFAST:			
AVAILABLE UPON	Change.	Assorted Cereals (20-27g)			
REQUEST.	Rev 4/2/2019	Cheese Stick (1g)			
negoesi.	11.00 1/2/2013	Cincese Stick (1g) Cinnamon Roll (20g)			
		Graham Cracker (19g)			
		Hard Boiled Egg (1g)			
		Muffins (26-28g)			
		Honey Roasted Sunflower Seeds (11g)			
		Yogurt (14-16g)			